



Mark Steines Actor, Entertainment Reporter

If 10 minutes were all it took to lose weight and really get in shape, then anybody would be able to do it, right?

I just didn't see how a workout as fast as **10-Minute Trainer** could ever get me into the best shape of my life.

AND THAT'S WHEN I SAW THIS . . .

The workouts were designed by Tony Horton. This is the guy who created P90X, and maybe the most famous trainer in the world. I'd say he's created more great bodies than anybody in America.

People got incredible results. I'm not talking about a couple of lucky people. I'm talking thousands and thousands of men and women who dropped pounds and clothes sizes . . . who discovered abs they didn't know they had.

I was hooked once I heard that Tony packed such a successful workout into just 10 minutes. So I absolutely had to give it a try.

LIKE THEY SAY ... A PICTURE IS WORTH A THOUSAND WORDS. So here's mine . . .



I lost 25 pounds using 10-Minute Trainer.

And more importantly, with my busy schedule, I've kept it off for more than 2 years. I haven't felt this good since high school.

Incredible as it sounds—**10-Minute Trainer** lets me take that tiny slice of my day and use it to finally get that slim, tight, and toned body I couldn't find at the gym.

WANT PROOF?

A recent study proved that a single **10-Minute Trainer** cardio workout burns as many calories as 30 minutes of jogging. Hey, I'll go for a 10-minute workout over a half-hour jog every day of the week!

TONY'S TIME-SAVING SECRET: **SUPER STACKING®**

The best way to describe it is multitasking for the body. Instead of working one muscle group at a time, Tony works your upper body, lower body, abs, and cardio . . . literally, in 10 minutes, you get a total-body workout. It's so simple—you just pop in a DVD, and 10 minutes later you're done!

TRY IT RISK FREE

Just call the number you see at the bottom of this page, and you can try Tony Horton's **10-Minute Trainer** in your own home—RISK FREE—for 30 days. A single \$10 payment covers all the costs of processing and shipping. You'll get the complete **10-Minute Trainer** system (worth over \$400!), which you can return at any time over the 30 days—**for any reason**—without owing a single extra penny.

LIMITED-TIME OFFER

Keep in mind, this offer is only available while supplies last, so you'll want to reserve your copy right now.

<u>I know you can spare 10 minutes</u>—especially when it can get you into the best shape of your life. So don't waste any more time. Give us a call today.

Mark Steines

P.S. Just to sweeten the deal, Tony's decided to throw in a <u>special FREE Gift</u>—an extra-sturdy Workout Tote. It's plenty big enough to hold your gym shoes, workout clothes, and water bottle, and it's yours to keep FREE, even if you decide to send back the workout.



Try it RISK FREE* **for just \$10.00** with FREE SHIPPING

PLUS A FREE GIFT just for trying 10-Minute Trainer! Go-Anywhere, Heavy-Duty Workout Tote

Try 10-Minute Trainer for 30 Days, Risk FREE! Call 1 (800) 714-4401 today.

*Just pay \$10.00 plus applicable taxes when you order today. After your trial, you will automatically be billed 2 monthly payments of \$39.95 or choose one payment at checkout. †Results vary. Resistance Band contains natural rubber latex, which may cause severe allergic reactions.